

# Level One Theraplay & MIM

Join the thousands of child and family professionals who have added Theraplay to their skill set.

FOR MORE INFORMATION CONTACT [WAVECONNECTIONS@OUTLOOK.COM](mailto:WAVECONNECTIONS@OUTLOOK.COM)

**Dorset, UK**  
**26-29 March 2019**

**Trainer:**

**Annie Kiermaier**

**Where:** Kingston Maurward College  
Dorchester, Dorset  
DT2 8PY  
(P) 07850 732303

**When:** 8:30am - 4:30pm\*  
\*Training concludes at 3:30 on Thursday

**Learning Objectives include:**

- Administer and analyze the MIM
- Utilize the MIM as a guide for treatment planning
- Describe the four dimensions of Theraplay and demonstrate one activity from each dimension
- Describe ways to adapt Theraplay treatment to meet the needs of a child with complex trauma
- Describe how to guide parents to participate in a Theraplay session

For more information visit:  
[www.theraplay.org/index.php/theraplay-level-one](http://www.theraplay.org/index.php/theraplay-level-one)



1840 Oak Avenue, Suite 320  
Evanston, IL 60201  
(p) 847-256-7334  
(f) 847-256-7370  
[info@theraplay.org](mailto:info@theraplay.org)

THE  
**Theraplay**<sup>®</sup>  
INSTITUTE  
*Building Better Relationships*

## What is Theraplay?

Theraplay is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships and has been accepted by SAMHSA as an evidence-based practice. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Elicits cooperation and improves behavior issues in children through positive connection rather than focusing on solving negative problems
- Creates an active and empathic connection between child and parents
- Focuses on four essential qualities found in parent-child relationships: structure, engagement, nurture and challenge
- Results in changed view of the self as worthy and loveable, and of relationships as positive

## How does Theraplay Differ from Other Kinds of Child Therapy?

- It directly involves the parents or caregivers in change
- It is active, interpersonal, and fun
- Progress can be made quickly
- It focuses on strengthening the parent-child relationship
- It focuses on the “here and now”
- It can be used with young children or children with developmental delays
- The “Theraplay Way” flows easily from clinical setting to home
- Theraplay is appropriate for all ages - infancy through adolescence

## Program Content Includes:

- Principles of attachment theory on an intellectual and experiential level
- The Four Dimensions of Theraplay for Child Development
- Experiential exercises to turn a child’s resistance into cooperation and therapeutic progress
- Videos of Theraplay treatment with many different clients in addition to the demonstration family with children AND MORE!

## Who Should Attend?

Psychologists and Psychiatrists, Social Workers, Clinical Counselors, Marriage and Family Therapists, School Counselors, Play Therapists, Infant Mental Health Professionals, Special Education Teachers, and others...

## Registration

Contact Carly Barrett-Greening or Kate Vaughan at [waveconnections@outlook.com](mailto:waveconnections@outlook.com) or by phone at **07850 732303**