

Level One Theraplay & MIM

Join the thousands of child and family professionals who have added Theraplay to their skill set.

FOR MORE INFORMATION CONTACT WAVECONNECTIONS@OUTLOOK.COM

Dorset, UK

October 30 - November 2,
2018

Trainer:

Annie Kiermaier

Where: Kingston Maurward College
Dorchester, Dorset
DT2 8PY
(P) 07850 732303

When: 8:30am - 4:30pm*
*Training concludes at 3:30 on
Thursday

Learning Objectives include:

- Administer and analyze the MIM
- Utilize the MIM as a guide for treatment planning
- Describe the four dimensions of Theraplay and demonstrate one activity from each dimension
- Describe ways to adapt Theraplay treatment to meet the needs of a child with complex trauma
- Describe how to guide parents to participate in a Theraplay session

For more information visit:
www.theraplay.org/index.php/theraplay-level-one



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THE
Theraplay[®]
INSTITUTE
Building Better Relationships

What is Theraplay?

Theraplay is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships and has been accepted by SAMHSA as an evidence-based practice. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Elicits cooperation and improves behavior issues in children through positive connection rather than focusing on solving negative problems
- Creates an active and empathic connection between child and parents
- Focuses on four essential qualities found in parent-child relationships: structure, engagement, nurture and challenge
- Results in changed view of the self as worthy and loveable, and of relationships as positive

How does Theraplay Differ from Other Kinds of Child Therapy?

- It directly involves the parents or caregivers in change
- It is active, interpersonal, and fun
- Progress can be made quickly
- It focuses on strengthening the parent-child relationship
- It focuses on the “here and now”
- It can be used with young children or children with developmental delays
- The “Theraplay Way” flows easily from clinical setting to home
- Theraplay is appropriate for all ages - infancy through adolescence

Program Content Includes:

- Principles of attachment theory on an intellectual and experiential level
- The Four Dimensions of Theraplay for Child Development
- Experiential exercises to turn a child’s resistance into cooperation and therapeutic progress
- Videos of Theraplay treatment with many different clients in addition to the demonstration family with children AND MORE!

Who Should Attend?

Psychologists and Psychiatrists, Social Workers, Clinical Counselors, Marriage and Family Therapists, School Counselors, Play Therapists, Infant Mental Health Professionals, Special Education Teachers, and others...